

13th AHUJA BAJAJ SYMPOSIUM

Recent Concepts in Diabetes, Metabolism and Nutrition

20th & 21st December 2025

THE LEELA AMBIENCE HOTEL, GURUGRAM



Dr. Anoop Misra
Patron and Advisor



Dr. Amrita Ghosh
Organizing Secretary



Dr. Alka Jha
Organizing Secretary



Dr. Vimal Gupta
Organizing Secretary



Dr. Ritesh Gupta
Organizing Secretary

Register here:- <http://www.ahujabajajsymposium.com>

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DAY 1: Saturday, December, 20th 2025, The Leela Ambience Hotel, Gurugram

Time	Speaker	Topic
09:00-09:50 AM	Registration	
09:50-10:00 AM	Dr. Anoop Misra (New Delhi)	Introduction
10:00-10:10 AM	Ms. Kanika Tyagi (New Delhi)	Non-obese people with metabolic dysfunction-associated steatotic liver disease: New data
10:10-10:20 AM	Ms. Koel Dutta (New Delhi)	Acanthosis nigricans & diabetes complications: New data
10:20-10:30 AM	Dr. Amrita Ghosh (New Delhi)	Imeglimin-A powerhouse approach to type 2 diabetes
10:30-10:40 AM	Dr. Suhail Durani (New Delhi)	Increasing questions about the applicability of HbA1c for the diagnosis and monitoring of glycemia in India: New data
10:40-10:55 AM	Dr. Ritesh Gupta: (Noida)	Malnutrition-related Diabetes Mellitus: 'Type 5' amid unresolved questions and limited evidence
10:55-11:10 AM	Dr. Abhay Ahluwalia (New Delhi)	Quest for improving postprandial glucose control, role of ultra-rapid lispro: New data
11:10-11:30 AM	Tea Break	
11:30-11:45 AM	Dr. A P S Suri (New Delhi)	Therapeutic approaches for diabetic foot: A new concept
11:45 AM-12:00 PM	Ms. Sugandha Kehar (New Delhi)	Mango & diabetes: Final season – Final chapter: New data
12:00-12:15 PM	Ms. Ritika Mehta (Haryana)	Plant-based diet: New data
12:15-12:30 PM	Dr. S. K. Wangnoo (New Delhi)	Clearing the air around inhaled insulin: New data
12:30-12:45 PM	Dr. Seema Gulati (Noida)	Gene-diet interaction for weight loss: New data
12:45-01:00 PM	Prof. S. K. Sarin (New Delhi)	JS Bajaj Oration: Precision medicine and policies for MASLD
01:00-02:00 PM	Lunch	
02:00-02:15 PM	Dr. Manish Bansal (New Delhi)	Lipoprotein(a) and atherosclerotic cardiovascular disease: New data
02:15-02:30 PM	Dr. Sachin Mittal (Chandigarh)	iGlarLixi: A solid approach for comprehensive T2D management
02:30-02:45 PM	Dr. Sunil Mishra (Dehradun)	Type 2 diabetes and 3 risk factors-Intervening aggressively before it's too late
02:45-03:00 PM	Dr. Swati Pandit (New Delhi)	Semaglutide's legacy: A benchmark in obesity management against newer agonists

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03:00-03:15 PM	• Dr. Vimal Gupta (Noida) • Dr. Ankush (New Delhi)	TheraBand resistance exercises and new exercise, soleus push-ups (SPUs): Practical demo
03:15-03:25 PM	Dr. Yashendra Sethi (Meerut)	Microplastics and metabolic diseases: Emerging evidence
03:25-03:35 PM	Dr. Suparna Ghosh (New Delhi)	Indian adapted Mediterranean diet
03:35-03:50 PM	Dr. D K Agarwal (New Delhi)	5 questions & answers for CKD in T2D: Learning from EMPA-KIDNEY
03:50-04:00 PM	Dr. Alka Jha (New Delhi)	Thyroid and hypertension in pregnancy
04:00-04:20 PM	Tea Break	
04:20-04:35 PM	Dr. Rahul Arora (Noida)	Redefining cardiorenal outcomes with Finerenone
04:35-04:50 PM	Dr. Naveed Sattar (United Kingdom)	Keynote Lecture: South Asian cardio metabolic disease: The hidden role of ectopic fat (Recorded Lecture)
04:50-05:00 PM	Dr. Naval K Vikram (New Delhi)	Adipose-muscle phenotype and its role in metabolism
05:00-05:30 PM	Dr. Ashwini Kumar Setya (New Delhi)	Protecting ourselves: The medicolegal safety primer
05:30-05:40 PM	Ms. Bhavya Arora (New Delhi)	Optimization of nutrition and exercise with GLP-1 receptor agonists therapy
05:40-05:55 PM	Dr. Monashis Sahu (New Delhi)	Unraveling obesity: The what, why and how
05:55-06:10 PM	Dr. Pankaj Aneja (New Delhi)	Redefining obesity care with Tirzepatide
06:10-06:20 PM	Moderator: Dr. Anoop Misra • Dr. Monashis Sahu • Dr. Pankaj Aneja • Dr. Ashish Kumar • Dr. Ashok K. Taneja • Ms. Bhavya Arora	Panel Discussion
06:20-06:35 PM	Dr. Ashish Kumar (New Delhi)	Management of MASLD, guidelines to clinical practice: New concepts
06:35-06:50 PM	Dr. Mudit Sabharwal (New Delhi)	Interpretation of ambulatory glucose profile and connected care system
06:50-07:00 PM	Open House	
07:00-09:00 PM	Musical Evening & Dinner	

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DAY 2: Sunday, December, 21st 2025, The Leela Ambience Hotel, Gurugram

Time	Speaker	Topic
08:30-08:50 AM	Registration	
08:50-09:00 AM	Dr. Anoop Misra (New Delhi)	Introduction
09:00-09:10 AM	Dr. Surya Prakash (New Delhi)	Vitamin D & longevity: New data
09:10-09:20 AM	Dr. Vimal Gupta (Noida)	Management of peripheral arterial disease: New insight
09:20-09:30 AM	Dr. Lovely Gupta (New Delhi)	Lean people with diabetes: An enigma
09:30-09:45 AM	Dr. Archana Sinha (Lucknow)	Holistic approach to diet in people with diabetes and CKD
09:45-10:00 AM	Dr. Ritesh Gupta (Noida)	Intermittent fasting: Fad, fact, or futile: New data
10:00-10:15 AM	Dr. Monika Sharma (New Delhi)	Evolving paradigm: To address the trinity of diabetes management
10:15-10:25 AM	Tea Break	
10:25-10:40 AM	Dr. Saket Kant (New Delhi)	Current place of SGLT2i + DPP-4i combination for optimum diabetes care in the era of GLP-1 RAs
10:40-10:55 AM	Dr. Richa Chaturvedi (New Delhi)	Semaglutide's EPIC role in diabetes management
10:55-11:10 AM	Dr. K V S Harikumar (Hyderabad)	Surgical fitness for people with diabetes
11:10-11:25 AM	Inauguration	
11:25-11:45 AM	Lifetime Achievement Awards: Prof. Hefazat H Siddique, Prof. A. N. Malaviya, Prof. S. K. Sarin	
11:45 AM -12:00 PM	Prof. A.N Malaviya (New Delhi)	MMS Ahuja Oration: Prevention of Shingles in Comorbid Conditions
12:00-12:10 PM	Dr. Anoop Misra (New Delhi)	Keynote: Prediabetes as a high-risk state in Asian Indians: New data
12:10-12:25 PM	Dr. Om Ganda (USA)	Hypertriglyceridemia: Current and emerging approaches in management (Recorded Lecture)
12:25-12:35 PM	Tea Break	
12:35-12:50 PM	Dr. Alpesh Goyal (Bhopal)	Early gestational diabetes: New data
12:50-01:00 PM	Dr. Deepa Ekbote (New Delhi)	Drugs and diabetic retinopathy: "Pros & cons: New data"
01:00- 01:15 PM	Dr. Sharwari D. Dua (New Delhi)	Beyond glycemic benefits with GLP-1 RAs: Focus on cardio protection in T2DM
01:15- 01:25 PM	Dr. S. V. Madhu (New Delhi)	Yoga & diabetes
01:25- 01:40 PM	Dr. Sweekruti Jena (Bhubaneswar)	Glucocentricity & role of modern sulphonylureas (gliclazide) in current T2D management
01:40-01:50 PM	Dr. Pulkit Mathur (New Delhi)	Functional foods for better glycemic control
01:50-02:05 PM	Dr. Anupam Biswas (Noida)	Optimizing glycemic durability through triple therapy
02:05-02:15 PM	Dr. Seema Gulati (Noida)	Does nutrition manipulation improve cognition?
02-15- 03:30 PM	Lunch	